

Larder Basics 2025

I asked: What are the bare essentials in your larder?

The top five were

- Olive oil
- Tinned tomatoes
- Pasta (specified non gluten for one of you)
- Garlic
- Onions

There's clearly a lot of spag bol being made!

Coffee was the preferred beverage for six of you, coffee beans for one of you

Some others with more than one hit were:

- Rice - basmati, arborio, jasmine & white)
- Chilli/oil and sauce
- Eggs (one specified pasture raised preferred)
- Coffee (beans for one of you),
- Flour self-raising, baker's flour, several types of flour so () can obsessively feed Audrey (her sourdough starter
- Butter (unsalted for one of you)
- Milk (full fat specified in one)
- Pepper
- Ginger
- Sauces - vegan fish sauce, soya sauce, Golden Mountain
- Oil – vegetable and canola
- Bread
- Lentils (one said dried pulses)
- Muesli
- Tea (one specified teabags)
- Oats

Single entries were:

- Vegetable stock cubes
- Cat food and dog chews
- Yeast (which I think is for breadmaking)
- Salt
- Sugar (white & raw)
- Assorted spices
- Honey
- Lard
- Lemon
- Sugar free hot chocolate
- Greek yoghurt
- Nuts
- Vacuum packed noodles; two minute noodles
- Dark chocolate,
- Greens, sweet potatoes, carrots cabbage
- Makdous

- Dashi
- Mustard
- Anchovies
- Curry paste
- Greek yoghurt
- Nuts
- Cheddar cheese
- Vinegar (balsamic, apple, white)
- Soda water
- Tonic water
- Gin
- Single malt